



ACCESS
ADVENTURES

ACCESS
ADVENTURES



Trustees Annual Report & Accounts 2018



What we do

Access Adventures introduces people with physical disabilities to outdoor sport and adventure through organised adaptive activity camps

Our Goals

- Improve the quality of life for people with physical disabilities through outdoor activity programmes
- Challenge expectations and realise full potential
- Increase confidence and self-belief
- Raise awareness of opportunities for disabled people
- Make outdoor adventure accessible and affordable for everyone with a physical disability



Summary of Purposes, Activities & Achievements

Purposes of the charity

To relieve the needs of people with physical disabilities by providing outdoor adaptive adventure sports and activity camps, designed to provide such people with opportunities to participate in sports and activities that promote physical health and fitness and improve their conditions of life

Main Activities

In the financial period, Access Adventures delivered 11 adaptive sports camps comprising of accessible accommodation, activity provision, adaptive equipment, qualified instructors and full catering. Resources expended also included insurance and marketing costs relating to these camps

Public Benefit

The trustees have had regard to the guidance issued by the Charity Commission on public benefit

Main Achievements

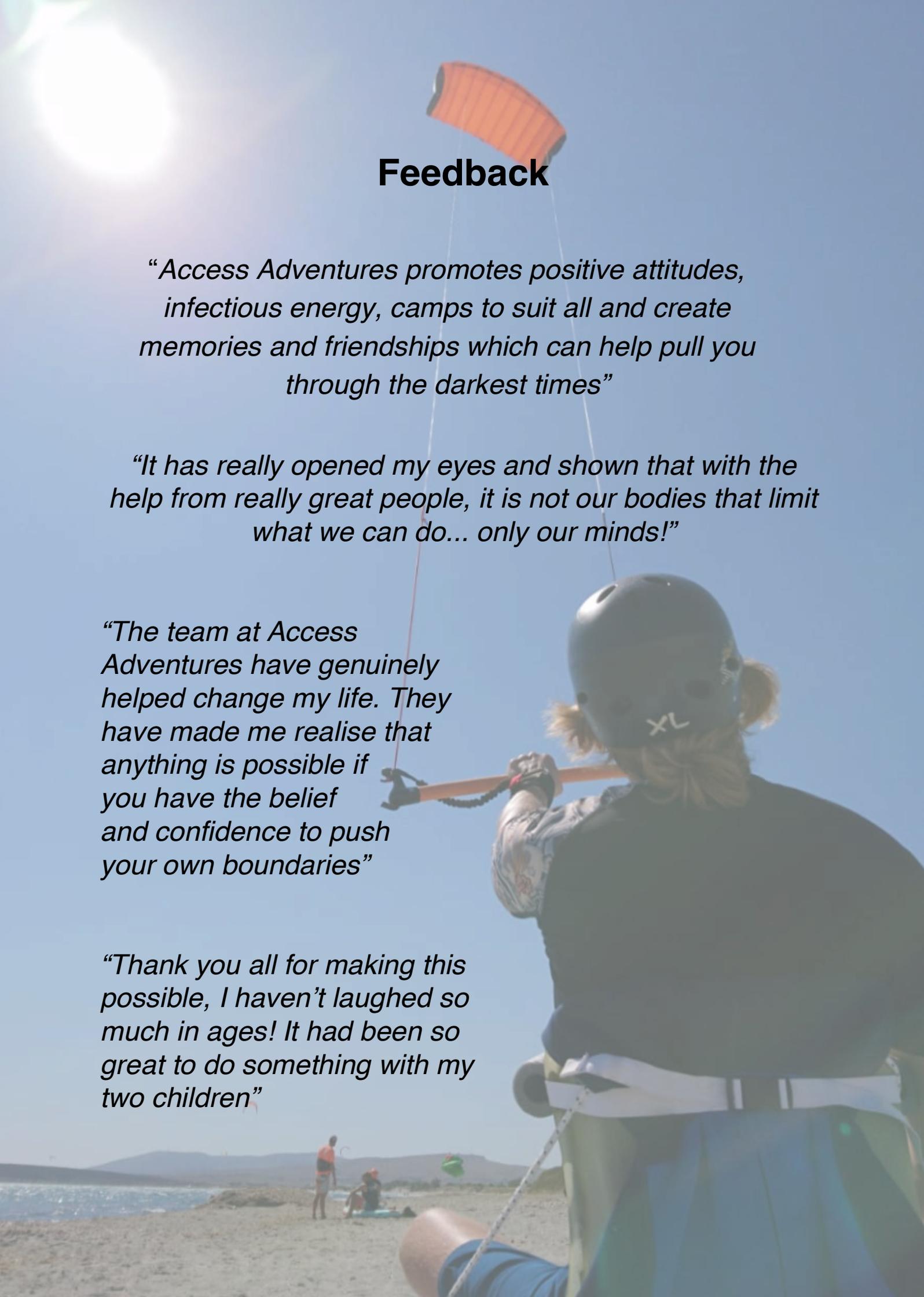
The aim of the charity is to improve the quality of life for people with physical disabilities. This was achieved through organising adaptive adventure camps where groups of participants engaged in exciting outdoor activities that are not easily accessible for people with disabilities. Access Adventures delivered 11 of these camps during the financial period 2017 – 2018, the majority of them are residential

Each camp followed a carefully planned format that provides a safe but challenging environment for participants to push their own boundaries and experience the sense of freedom, exploration and exhilaration offered by activities such as waterskiing, wakeboarding, kayaking, canoeing, biking, kiting and archery. Taking part in these activities provided an effective rehabilitation tool, improving physical and psychological well-being, building self-esteem and confidence

Access Adventures pulled together all of the elements required to enable disabled participants to access the lakes, rivers, forests, beaches and mountains where these activities take place including accessible accommodation, transportation, qualified instruction and local guiding, able bodied volunteers, bespoke 'adaptive' equipment and additional physiotherapy

Each camp included a strong social element with group activities that helped participants to engage with each other, providing opportunities for mutual support and helpful discussions. This 'community' aspect was continued after the camps through the strong online community facilitated by the charity's website and social media

Post-camp feedback provided by participants shows evidence of improved quality of life relating to increased confidence and self-belief. It also showed that many participants have gone on to increase their involvement in sport and have reported significant health benefits



Feedback

“Access Adventures promotes positive attitudes, infectious energy, camps to suit all and create memories and friendships which can help pull you through the darkest times”

“It has really opened my eyes and shown that with the help from really great people, it is not our bodies that limit what we can do... only our minds!”

“The team at Access Adventures have genuinely helped change my life. They have made me realise that anything is possible if you have the belief and confidence to push your own boundaries”

“Thank you all for making this possible, I haven’t laughed so much in ages! It had been so great to do something with my two children”

REGISTERED COMPANY NUMBER: CE004240 (England and Wales)
REGISTERED CHARITY NUMBER: 1162976

**REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS FOR THE
YEAR ENDED 31 AUGUST 2018
FOR**

**ACCESS ADVENTURES
A CHARITABLE INCORPORATED ORGANISATION**

Haines Watts (SEM) Limited
42 High Street
Flitwick
Bedfordshire
MK45 1DU

**ACCESS ADVENTURES
CHARITABLE INCORPORATED ORGANISATION
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For The Year Ended 31 August 2018**

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**ACCESS ADVENTURES
CHARITABLE INCORPORATED ORGANISATION
REPORT OF THE TRUSTEES
For The Year Ended 31 August 2018**

The trustees present their report with the financial statements of the charity for the year ended 31 August 2018. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a charitable incorporated organisation.

RESERVE POLICY

It is the policy of the charity to achieve a total unrestricted funds, which are free reserves of the charity, at a level which as a minimum equates to approximately three months operating expenditure. A reserve in the order of £10,000 is considered sufficient since the charity has little in the way of overheads and this would allow the charity to react to changes in funding in a constructive manner.

FINANCIAL REVIEW

The accounts show a deficit, excluding restricted funds, of £442 (2017 : £17,078 surplus). In addition restricted grant income of £9,250 was received. There were no restricted funds for the prior year.

The charity's unrestricted reserves as at 31st August 2018 were £31,096 (2017 : £31,538) The total restricted funds as at 31st August 2018 were £11,407 (2017 : £9,250).

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number
CE004240 (England and Wales)

Registered Charity number
1162976

Registered office
90a Dunstable Street
Amphill
Bedfordshire
MK45 2JP

Trustees
Ms J Sowerby
Ms C Williams
T Andrew

Independent examiner
Haines Watts (SEM) Limited
42 High Street
Flitwick
Bedfordshire
MK45 1DU

Approved by order of the board of trustees on 20th April 2019 and signed on its behalf by:

J Sowerby
.....
Ms J Sowerby - Trustee

**ACCESS ADVENTURES
CHARITABLE INCORPORATED ORGANISATION
REPORT OF THE TRUSTEES
For The Year Ended 31 August 2018**

Trustees' responsibilities statement

The trustees are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England & Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP 2015 (FRS 102);
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charities (Accounts and Reports) Regulations 2008 and the provisions of the trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by order of the board of trustees on 20th April 2019 and signed on its behalf by:

J Sowerby
.....
Ms J Sowerby - Trustee

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
ACCESS ADVENTURES
CHARITABLE INCORPORATED ORGANISATION**

Independent examiner's report to the trustees of Access Adventures

I report to the charity trustees on my examination of the accounts of the Charity for the year ended 31 August 2017 which are set out on pages 3 to 7.

Responsibilities and basis of report

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached



Gary Woodhall ACA
Haines Watts (SEM) Limited
42 High Street
Flitwick
Bedfordshire
MK45 1DU

Date: 25th April 2019

ACCESS ADVENTURES
CHARITABLE INCORPORATED ORGANISATION
STATEMENT OF FINANCIAL ACTIVITIES
For The Year Ended 31 August 2018

	Notes	Unrestricted fund £	Restricted funds £	Total 2018 funds £	Total 2017 funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies		41,633	2,700	44,333	56,017
Total		41,633	2,700	44,333	56,017
EXPENDITURE ON					
Raising funds		41,415	-	41,415	28,964
Charitable activities					
Charitable		-	-	-	725
Other		660	543	1,203	-
Total		42,075	543	42,618	29,689
NET INCOME/(EXPENDITURE)		(442)	2,157	1,715	26,328
RECONCILIATION OF FUNDS					
Total funds brought forward		31,538	9,250	40,788	14,460
TOTAL FUNDS CARRIED FORWARD		<u>31,096</u>	<u>11,407</u>	<u>42,503</u>	<u>40,788</u>

CONTINUING OPERATIONS

All income and expenditure has arisen from continuing activities.

The notes form part of these financial statements

**ACCESS ADVENTURES
CHARITABLE INCORPORATED ORGANISATION
BALANCE SHEET
At 31 August 2018**

	Notes	Unrestricted fund £	Restricted funds £	Total £	2018 funds £	Total £	2017 funds £
FIXED ASSETS							
Tangible assets	5	-	2,157	2,157			-
CURRENT ASSETS							
Cash at bank		31,756	9,250	41,006			41,448
CREDITORS							
Amounts falling due within one year	6	(660)	-	(660)			(660)
NET CURRENT ASSETS		<u>31,096</u>	<u>9,250</u>	<u>40,346</u>			<u>40,788</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>31,096</u>	<u>11,407</u>	<u>42,503</u>			<u>40,788</u>
NET ASSETS		<u>31,096</u>	<u>11,407</u>	<u>42,503</u>			<u>40,788</u>
FUNDS	7						
Unrestricted funds				31,096			31,538
Restricted funds				<u>11,407</u>			<u>9,250</u>
TOTAL FUNDS				<u>42,503</u>			<u>40,788</u>

The financial statements were approved by the Board of Trustees on 20th April 2019 and were signed on its behalf by:

J Sowerby
.....
Ms J Sowerby -Trustee

The notes form part of these financial statements

**ACCESS ADVENTURES
CHARITABLE INCORPORATED ORGANISATION
NOTES TO THE FINANCIAL STATEMENTS
For The Year Ended 31 August 2018**

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Income includes grants in respect of revenue items.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

**ACCESS ADVENTURES
CHARITABLE INCORPORATED ORGANISATION
NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
For The Year Ended 31 August 2018**

2. INCOMING RESOURCES

The income is entirely attributable to the Charity's principal aims and objectives.

3. RAISING FUNDS

Raising donations and legacies

	Year ended 31.8.18	Year ended 31.8.17
	£	£
Marketing	1,013	871
Insurance	1,186	108
Travel	786	612
Equipment	44	77
Catering	4,251	4,603
Sundries	297	474
Accommodation	21,202	16,179
Activity provision	12,216	6,040
Support costs	<u>420</u>	<u>-</u>
	<u>41,415</u>	<u>28,964</u>

4.a TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 August 2018 nor for the period ended 31 August 2017.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 August 2018 nor for the period ended 31 August 2017.

4.b STAFF COSTS

There were no staff for either the current or comparative year

ACCESS ADVENTURES
CHARITABLE INCORPORATED ORGANISATION
NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
For The Year Ended 31 August 2018

5. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	<u>46,767</u>	<u>9,250</u>	<u>56,017</u>
Total	46,767	9,250	56,017
EXPENDITURE ON			
Raising funds	28,964	-	28,964
Charitable activities			
Charitable	<u>725</u>	<u>-</u>	<u>725</u>
Total	29,689	-	29,689
NET INCOME/(EXPENDITURE)	17,078	9,250	26,328
RECONCILIATION OF FUNDS			
Total funds brought forward	<u>14,460</u>	<u>-</u>	<u>14,460</u>
TOTAL FUNDS CARRIED FORWARD	<u><u>31,538</u></u>	<u><u>9,250</u></u>	<u><u>40,788</u></u>

6. TANGIBLE FIXED ASSETS

	Computer equipment £
COST	
Additions	<u>2,700</u>
DEPRECIATION	
Charge for year	<u>543</u>
NET BOOK VALUE	
At 31 August 2018	<u><u>2,157</u></u>
At 31 August 2017	<u><u>-</u></u>

7. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2018 £	2017 £
Accrued expenses	<u>660</u>	<u>660</u>

ACCESS ADVENTURES
CHARITABLE INCORPORATED ORGANISATION
NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
For The Year Ended 31 August 2018

8. MOVEMENT IN FUNDS

	At 1.9.17 £	Net movement in funds £	At 31.8.18 £
Unrestricted funds			
General fund	31,538	(442)	31,096
Restricted funds			
Volunteer expenses	4,000	-	4,000
Camp Costs	5,250	-	5,250
Computer Equipment	-	<u>2,157</u>	<u>2,157</u>
	<u>9,250</u>	<u>2,157</u>	<u>11,407</u>
TOTAL FUNDS	<u>40,788</u>	<u>1,715</u>	<u>42,503</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	41,633	(42,075)	(442)
Restricted funds			
Computer Equipment	2,700	(543)	2,157
TOTAL FUNDS	<u>44,333</u>	<u>(42,618)</u>	<u>1,715</u>

Comparatives for movement in funds

	At 1.9.16 £	Net movement in funds £	At 31.8.17 £
Unrestricted Funds			
General fund	14,460	17,078	31,538
Restricted Funds			
Volunteer expenses	-	4,000	4,000
Camp Costs	-	<u>5,250</u>	<u>5,250</u>
	-	9,250	9,250
TOTAL FUNDS	<u>14,460</u>	<u>26,328</u>	<u>40,788</u>

ACCESS ADVENTURES
CHARITABLE INCORPORATED ORGANISATION
NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
For The Year Ended 31 August 2018

8. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	46,767	(29,689)	17,078
Restricted funds			
Volunteer expenses	4,000	-	4,000
Camp Costs	<u>5,250</u>	<u>-</u>	<u>5,250</u>
	9,250	-	9,250
	<u> </u>	<u> </u>	<u> </u>
TOTAL FUNDS	<u><u>56,017</u></u>	<u><u>(29,689)</u></u>	<u><u>26,328</u></u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.9.16 £	Net movement in funds £	At 31.8.18 £
Unrestricted funds			
General fund	14,460	16,636	31,096
Restricted funds			
Volunteer expenses	-	4,000	4,000
Camp Costs	-	5,250	5,250
Computer Equipment	<u>-</u>	<u>2,157</u>	<u>2,157</u>
	<u>-</u>	<u>11,407</u>	<u>11,407</u>
TOTAL FUNDS	<u><u>14,460</u></u>	<u><u>28,043</u></u>	<u><u>42,503</u></u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	88,400	(71,764)	16,636
Restricted funds			
Volunteer expenses	4,000	-	4,000
Camp Costs	5,250	-	5,250
Computer Equipment	<u>2,700</u>	<u>(543)</u>	<u>2,157</u>
	<u>11,950</u>	<u>(543)</u>	<u>11,407</u>
TOTAL FUNDS	<u><u>100,350</u></u>	<u><u>(72,307)</u></u>	<u><u>28,043</u></u>

9. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 August 2018.

ACCESS ADVENTURES
CHARITABLE INCORPORATED ORGANISATION
DETAILED STATEMENT OF FINANCIAL ACTIVITIES
For The Year Ended 31 August 2018

	2018	2017
	£	£
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	41,633	45,448
Grants	<u>2,700</u>	<u>10,569</u>
	<u>44,333</u>	<u>56,017</u>
Total incoming resources	44,333	56,017
EXPENDITURE		
Raising donations and legacies		
Marketing	1,013	871
Insurance	1,186	108
Travel	786	612
Equipment	44	77
Catering	4,251	4,603
Sundries	297	474
Accommodation	21,202	16,179
Activity provision	12,216	6,040
Fundraising	<u>420</u>	<u>-</u>
	41,415	28,964
Other		
Computer equipment	543	-
Support costs		
Finance		
Bank charges	-	65
Governance costs		
Accountancy and legal fees	<u>660</u>	<u>660</u>
Total resources expended	42,618	29,689
	<u> </u>	<u> </u>
Net income	<u><u>1,715</u></u>	<u><u>26,328</u></u>